

Pain Scale - In House

Composite pain scale for post operative pain assessment in cats. Suggested use at 1 hour, pre-home, for in-patients and post trauma.

Patient: _____ Owner _____ Time Assessed: _____

<i>Psychomotor Change</i>	<i>Score</i>	<i>Tick</i>	<i>Protection of Wound/Incision</i>	<i>Score</i>	<i>Tick</i>
Posture			Reaction to Palpation of Wound		
Usual, comfortable, relaxed	0		No reaction to touch/pressure	0	
Lateral posture, limbs out, tense muscles.	1		Pressure causes flinching, vocalisation and tensing	1	
Sternal, back arched, head down, tense muscles, reluctant to move.	2		Bodily withdrawal, head turning, biting	2	
Shuffling Posture to get comfortable	3		Vocalisation and biting on approach	3	
Comfort			Appetite		
Awake or asleep, when roused interested	0		Eating as usual	0	
Quiet, disinterested in surroundings, possibly hiding with back facing out	1		Eating less than usual	1	
Agitated, restless. Up and down	2		No interesting food	2	
Activity			Vocal Expression of Pain		
Moving Normally	0		Purrs when touched or meows and interacts	0	
Quieter than usual	1		Vocalizes (groan, hiss, growl) on approach is calmable	1	
Reluctant to Move	2		Vocalizes (groan, hiss, growl) not calmable	2	
Shuffling	3		Vocalizes (groan, hiss, growl) spontaneously	3	
Mental Status			TOTAL SCORE		
Satisfied- Alert, interested	0		<p>SCORE RISING ABOVE 0 MAY INDICATE THAT ANALGESIA IS NOT OPTIMUM AND CONSIDERATION SHOULD BE GIVEN TO FURTHER ANALGESIC PROVISION UTILIZING VETERGESIC AT THE RECOMMENDED DOSE OF EITHER 10 or 20 µg/KG AS PART OF A MULTIMODAL PAIN CONTROL PROTOCOL.</p> <p>THE INCORPORATION OF SURGICAL WOUND AREA PAIN RELIEF SHOULD BE AT THE DISCRETION OF A SUPERVISING VETERINARIAN.</p>		
Uninterested- No Interaction	1				
Indifferent- No interest in surroundings	1				
Anxious- Nervous, frightened	1				
Aggression- Biting Scratching	1				
Misc Behaviours					
No behaviours listed seen	0				
Tail wagging excessively	1				
Contracts and extends pelvic limbs or contracts abdominal muscles	1				
Partially closed or squinting eyes	1				
Frequent would licking or chewing	1				